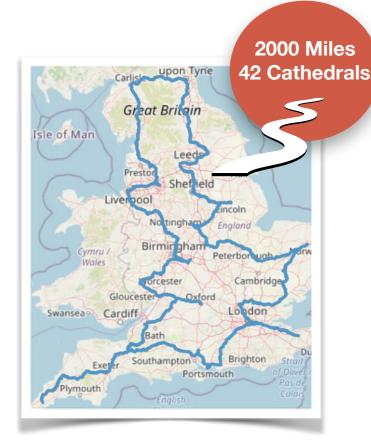
England's 42 Cathedrals Connected by One Route



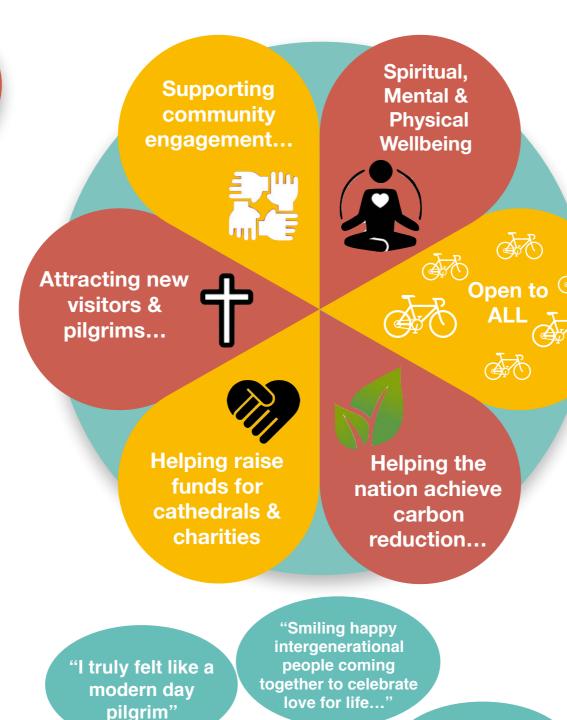
On Sunday 30th May a new kind of pilgrimage route was launched, the Cathedrals Cycle Route (CCR), linking all 42 Church of England cathedrals by two wheels

...opportunities for short cycle rides between cathedrals, new partnerships and fundraising for physical and mental well-being activities.

LIVE

The CCR is now live...around **400** cyclist have tackled sections of the route since its summer launch

"Great community spirit"







325 Cyclists



42 Independent Routes



42 Cathedral Cycle Champions



1 Bronze Baton - 42 cathedrals



Passport & Stamps Issued



Regional & National Coverage



Helping the nation recover from the effects of COVID



Charity Support raising £'000's for several charities

"Brings family and faith together"

"The route and relay is a great opportunity for our cathedrals to connect & work together"

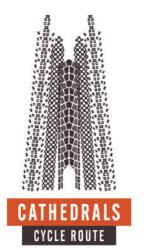
www.cyclinguk.org/cathedrals-cycle-route-challenge www.britishpilgrimage.org/portfolio/cathedral-cycle-route/

Key purpose for participating ...

73% agreed that the CCR will bring new visitors to our cathedrals...

> 40% visited a cathedral or heritage site that they hadn't visited before...

Source: Survey of CCR Relay Cyclists and Volunteers. Autumn 2021















100% of those who have cycled the CCR would recommend to a friend...

"What a gift to the Church" John Inge, Bishop of Worcester

"As the pedals turn, so my mind can turn with them. As I climb or descend hills, I can reflect on the ascents and descents of my week. What went well? What went badly? What do I think about that? What does God think? Most of all...how can I sustain a life of faith during the ups and downs? Cycling helps me to do this". Canon Jay Colwill of Southwark Cathedral reflects on the spiritual, physical and environmental benefits of the CCR

"We are hoping this will be part of a wider debate to bring about changing our attitudes of how we use the earth's resources...or not" Methodist Minister (Gloucester) Revd John Kime, cycled all 42 cathedrals, delivering a climate change action letter to other Methodist areas across the country

"I needed a bit of headspace after last year's onslaught with COVID...I wanted something a bit different and new, the idea of a (pedal) pilgrimage, setting some time aside to think things through, was appealing...I really enjoyed it"

Dr Matt Jackson, Intensive Care Doctor NHS. Cycled all 42 Cathedrals in Summer 2021

I am keen to develop the role of the CCR as a way of getting workers and congregation on their bikes and giving them confidence to cycle to work, take that weekend ride, perform minor fixes, and run workshops. I have even been thinking about buddy systems for people looking for cycle partners, Cathedral leisure rides, and maybe even Cathedral cycle BBQs and socials etc. I think there is a lot that our role can do to get wheels rolling on a local level.' Jay Waddington, Cathedral Cycle Champion and Visitor Operations Officer at Gloucester Cathedral